The V-Neck Shirt represents our size run for ALL of the available Maidstone Gun Club garments. So, for example, if the Mens Size M (medium) fits you in the V-Neck, that is the size you would order for any of the other Maidstone Gun Club garments you might be interested in (Premier Polo, Jackets, or Fleeces). That having been said, we recommend that folks size up on the long sleeve garments if they intend to wear a thick layer under it.